

Integrated Interprofessional Rounding in CPE Residency

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Abstract

Since 2016, residents at AdventHealth Orlando CPE Center have participated in Interprofessional Rounding as embedded members of inpatient teams with medical and pediatric residents. Sixteen CPE residents have been engaged in this program. During units from two CPE residency years during 2017, twelve residents reflected weekly on their experiences of Interprofessional Rounding, 6 from January-June, and 6 from September-December. Residents were assigned to four campuses and were embedded with Intensive Care, Internal Medicine, or Pediatric Medicine Residency teams.

A parallel research project was conducted with Internal Medicine Residents on the Orlando campus, in which participating IM residents were interviewed at the conclusion of each residency year. The purpose of these interviews was to gauge the level of stress experienced by the resident, identify sources of support, and assess the impact of the CPE resident embedded with their teams during inpatient rotations.

Methodology

Prior to joining their interprofessional teams, the CPE residents received orientation to interprofessional team rounding through didactics on Staff Ministry, Ministry with Physicians, and Interprofessional Rounding Skills. Later didactics, Chaplains as Coaches, and Communicating Patient Information to Your Team, presented strategies for modeling communication skills within the team and organizing patient information to present orally in SOAP Note format. Residents were shadowed by this presenter early in their rounding experience, and reflected on their interprofessional team experiences in weekly reflections.



Results

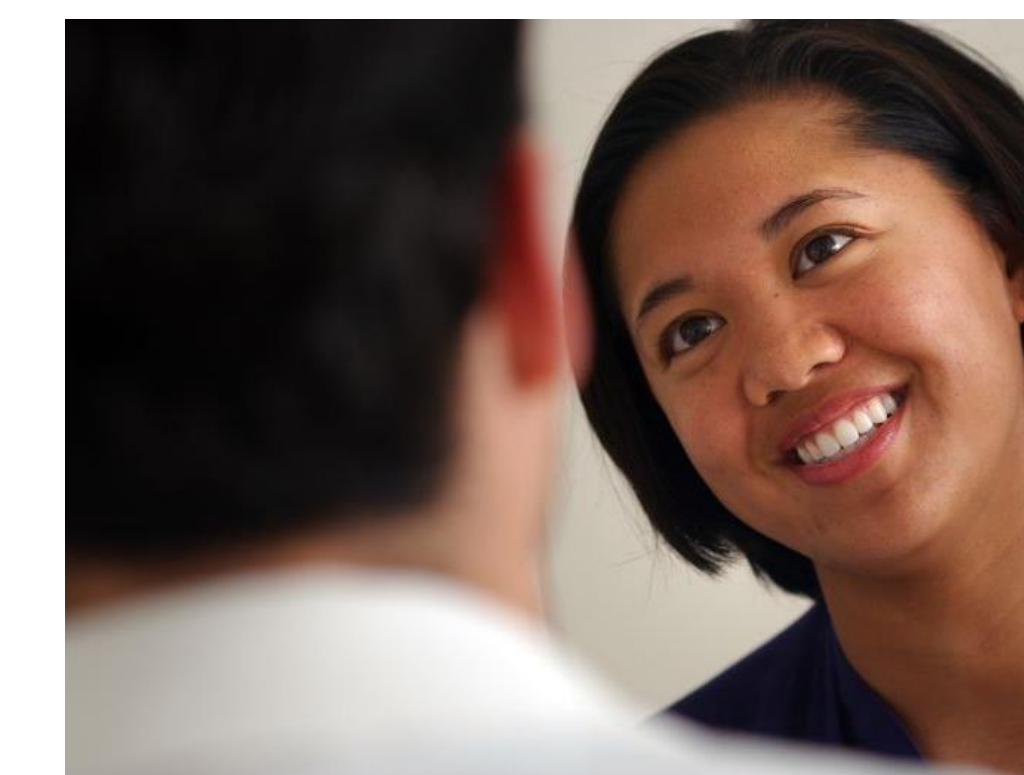
CPE Residents' Most Frequently Repeated Themes



The Chaplains also care for you as a medical resident as well. They will always say, "How are things going, and how is your family?" I feel like it's warm. It's not always about work.

Acknowledgments

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Conclusions

The outcomes of CPE residents embedded on interprofessional teams meet CPE Objectives and Outcomes 309.7, 311.5, 312.5, 312.6, and 312.7, as well as ten competencies required for APC Board Certification (BCCI). ACPE Educators recognized enhanced pastoral authority in residents, notably in building collegial relationships with physicians and staff that enriched patient care and resulted in ministry encounters with staff.

At the end of each Internal Medicine residency year, study-enrolled medical residents participated in a one-on-one recorded interview with a qualitative researcher. Transcripts of these interviews are being analyzed. Four preliminary themes have been identified from these interviews:

1. Chaplain engagement reduced medical residents' stress/anxiety from time pressure.
2. Chaplains supported the medical residents emotionally & spiritually.
3. Chaplain input enhanced the team's practice of whole person care.
4. Chaplain modeling increased medical residents' awareness of spiritual needs.

Comments by medical residents about their team's CPE resident:

- ❖ **The chaplain is very kind and sensitive to some of these issues. Whenever we have a difficult patient, or the patient needs help, we ask them to spend more time with the patient. Like the patient that has HIV, or a young patient with cancer.**
- ❖ **When the patients are sick and very sad, you hope you can spend more time with them and you can't. That is good that they can...talk with the patient...and I believe they have more strategy to talk with that patient than us.**
- ❖ **Here is a 30-year-old lady, just diagnosed possible cancer, metastatic; so, I immediately texted the chaplain, to let them know that this patient will need increased support, to be ready.**
- ❖ **They [the CPE residents] are talking to us, too. They are trying to comfort us, too. We have...so many things to do that during rounds we cannot really take care of ourselves.**